

**Yuav muaj li cas tom qab hno koob tshuaj tiv thaiv COVID-19**

Cov koob tshuaj tiv thaiv COVID-19 yuav tiv thiv kom koj txhob raug COVID-19. Nws tseem ceeb yuav tsum hno tshuaj COVID-19 kom raws li kom hno.

Qhov no muaj xws li hno koob hno ntxiv yog:

- dhau 5 hlis tom qab koob thib ob rau koob *Pfizer* los *Moderna*, los
- dhau 2 hlis tom qab thawj koob rau koob *Johnson & Johnson*.

Tej zaum kuj yuav ua rau koj muaj mob— uas yog cov cim koob tshuaj ua rau koj lub cev tsim kev tiv thaiv—thiab hnuv puav lawv yuav zoo lawm.

**Tom qab koob #2 thiab koob hno ntxiv**

<NOTE: The rest of this section remains the same and does not need translating>

**Tom qab txhua koob koj hno tiv thaiv COVID-19**

- Npog qhov ncauj qhov ntswg ntxiv
- Ntxuav ob sab tes
- Nyob kom sib nrug
- Mus kuaj yog koj muaj cov cim mob COVID-19 los [tau nyob ze ib tug mob lawm](#).

Tej zaum koj yuav muaj ib los tshaj ib yam mob tom qab thawj koob, koob thib ob, thiab/los koob hno ntxiv. Yog koj hno koob *Pfizer-BioNTech* los *Moderna*, koj yuav tau hno ob koob thiaj tas rau thawj zaug. Yuav tsum hno koob thib ob txawm tias ua rau koj mob, ntshe ib qho chaw kuaj mob ho kom koj txhob hno koob thib ob lawm xwb.

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