

Txog: KOJ YUAV TSUM TAU kuaj COVID-19 txhua asthiv pib hnuv Yim Hli tim 30

UW-Madison tsoom npoj yaig,

Nov yog ntxiv rau [ghov xov xwm tshaj tawm lub asthiv tas no](#) txog leej twg yuav tsum tau kuaj COVID-19.

Peb cov ntaub ntawv qhia tias koj tsis muaj ntaub ntawv ua pov thawj txog koj hno tshuaj tas lawm nyob rau hauv *University Health Services*. **Koj yuav tsum tau kuaj COVID-19 txhua asthiv, thwm tias koj yuav tau kuaj txhua 8 hnuv (piv txwv, txhua hnuv Zwj Hli (*Monday*) nyob hauv tsev kawm ntawv pib lub Yim Hli tim 30.**

Tau kom txhua tus neeg ua haujlwm hauv thaj chaw tsev kawm ntawv UW–Madison uas tsis muaj ntaub ntawv ua pov thawj yuav tsum kuaj txhua asthiv. Yog koj ntseeg tias koj tsis raug qhov yuav kom kuaj no vim koj tsis ua haujlwm rau hauv thaj chaw tsev kawm ntawv, thov teev [daim ntawv no](#).

Kuv twb hno tshuaj tas lawm – kuv yuav muab kuv cov ntaub ntawv qhia li cas? Koj saib tau kev qhia muab koj cov ntaub ntawv nyob hauv go.wisc.edu/uploadvaccine, los nrog koj tus [Divisional Disability Representative \(DDR\)](#) tham yog xav tau kev pab. Thov muab txog 5 hnuv thiaj kho koj cov ntaub ntawv tiav; thaum tseem kho koj cov ntaub ntawv, koj yuav tsum tau kuaj.

Vim li cas ho yuav kom kuv kuaj?

Qhov tus kab mob *delta variant* kis rau coob tus ua rau peb yuav tsum tau kuaj ntxiv. Peb npaj ntxiv yuav muaj cov hoob kawm tim ntsej tim muag thiab lwm yam. Kom cov tsis tau hno tshuaj kuaj tas li, nrog rau npog qhov ncauj qhov ntswg thiab muaj cov neeg coob hno tshuaj nyob hauv tsev kawm ntawv, yuav pub peb muaj kev kawm tau zoo dua lub caij ntuj tsaug tas los no.

Tsev kawm ntawv ntsuam xyuas tas li ntxiv txog kev noj qab hauv huv thiab nyabxeeb txog tus kab mob COVID-19 thiab yuav ntsuam saib yuav kom kuaj txog thaum twg raws kev muaj pauv, nrog rau tsoom fwv, xeev thiab zej zog cov kev ua raws rau kev noj qab haus huv thiab kev nyabxeeb hauv tsev kawm ntawv.

Kuv yuav mus kuaj thaum twg thiab nyob qhov twg?

Koj yuav pib kuaj lub asthiv, Yim Hli tim 30. Nws yuav [muaj ntau qhov chaw kuaj](#) nyob hauv tsev kawm ntawv lub caij ntuj tsaug muaj cov xuabmoos rau cov neeg ua haujlwm siv ib, siv ob thiab siv peb mus kuaj tau. Koj yuav tsum kuaj txhua asthiv (txhua 8 hnuv; rau piv txwv, txhua txhua hnuv Zwj Hli [*Monday*]). Qhov kev kuaj no yog kom yus nrws yus qhov ntswg.

Yuav muaj li cas yog tsis mus kuaj?

Tsis mus kuaj txhua asthiv yuav raug ceeb toom, txog qhov ncaus tawm.

Yog kuv muaj tej yam mob/xiam oob qhab ua rau kuv kuaj tau nyuaj, kuv yuav ua li cas?

Yog koj muaj tej yam xiam oob qhab yuav tsum muaj kev pab thiaj kuaj COVID-19 tau nyob hauv tsev kawm ntawv, huv rau koj tus [Divisional Disability Representative \(DDR\)](#).

Kuv hno puas tau tshuaj thiab kom txhob raug kuaj lawm?

Tau. [Koob tshuaj tsis muaj teeb meem dabtsi, pab tiv thaiv tau zoo](#) thiab muaj [hno dawb nyob hauv tsev kawm ntawv](#) thiab [hauv zej zog](#). Xeev Wisconsin tau tshaj tawm [yuav muab \\$100 pub](#) rau cov neeg hno tshuaj thaum lub Yim Hli tim 20 mus txog lub Cuaj Hli xiab 6.

Thaum pom tias koj hno tshuaj puv tas lawm, koj yuav tsis tau kuaj lawm. Yuav thwm tias koj hno tshuaj puv lawm ob asthiv thom qab hno koob tshuaj (*Johnson & Johnson*) los koob thib ob koob tshuaj (*Pfizer* los *Moderna*). Yog koj hno tshuaj hauv tsev kawm ntawv, UHS yuav muaj koj cov ntaub ntawv. Yog koj hno tshuaj tawm sab nraum tsev kawm ntawv, ua raws li cov kev qhia saum no muab koj cov ntaub ntawv. Tom qab hno koob tshuaj puv lawm, nws tseem ceeb yuav tsum kuaj kom txog ob asthiv tom qab hno koob tshuaj kawg.

Kuv tau hno ib koob tshuaj tsis nyob hauv daim cov npe tshuaj *the World Health Organization* tau muab kev pom zoo. Kuv puas tau kuaj?

Tau kuaj. Koj hno tau ib koob tshuaj WHO-muab kev pom zoo dawb hauv UHS – [teem ib lub caij tam sim no](#). Txog thaum koj hno ib koob tshuaj tau kev pom zoo puv lawm, koj yuav tsum tau kuaj txhua asthiv.

Kuv twb raug tus kab mob COVID-19 lawm – kuv puas tsis tau kuaj lawm?

Yog koj kuaj muaj tus kab mob COVID-19, koj yuav tsis tau kuaj rau 90 hnuv tom qab pib hnuv kuaj pom muaj mob nyob hauv tsev kawm ntawv. Yog koj kuaj tawm sab nraum tsev kawm ntawv, koj yuav tau xa daim ntawv kuaj pom muaj tus kab mob raws qhov *MyUHS app* los hauv lub [website](#) thiaj yuav tsis tau kuaj lawm. Tom qab 90 hnuv, yog tsev kawm ntawv tseem kom cov tsis tau hno tshuaj yuav tsum kuaj, koj yuav tau rov mus kuaj dua vim koj tseem yuav kis tau COVID-19 dua. Hno tshuaj yog qhov tiv thaiv tus kab mob COVID-19 tau ntev tshaj.

Yog koj muaj lus nug, thov hu rau koj tus thawjsaib los tus sawv cev hauv koj lub HR.

Ncaj ncee,

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